



Wildmoor Heath School Spring 2019 Term 3 Week Menu



Week 1:

07/01/19, 28/01/19, 25/02/19, 18/03/19

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger & Croquette Potatoes	Cottage Pie	Roast Chicken & Roast Potatoes	Salmon Parcel & New Potatoes	Fish Fingers & Chips
Quorn Burger & Croquette Potatoes	Shepherdess Pie	Vegetable Casserole & Roast Potatoes	Margherita Pizza & Garlic Bread	Cheese & Basil Tart & Chips
Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans
Chicken Fajita Panini & Salad Bar	Chicken Fajita Panini & Salad Bar	Chicken Fajita Panini & Salad Bar	Chicken Fajita Panini & Salad Bar	Chicken Fajita Panini & Salad Bar
Cheese Roll & Salad Bar	Cheese Roll & Salad Bar	Cheese Roll & Salad Bar	Cheese Roll & Salad Bar	Cheese Roll & Salad Bar

Choose your pudding at lunchtime!

Lemon Drizzle Cake	Chocolate & Beetroot Brownie	Oat Dream Cookie	Jelly & Ice Cream	Golden Crispy Cake
Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers



Fresh salad bar available daily for everyone, including 5 different salad items.

The meat and vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables



Fresh water available throughout lunchtime





Wildmoor Heath School Spring Term 3 Week Menu



Week 2: 14/01/19, 04/02/19, 04/03/19, 25/03/19

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Rogan Josh with Rice & Naan Bread	BBQ Chicken Slider	Roast Gammon & Roast Potatoes	Pasta Bolognese	Fish Fingers & Chips
Quorn Rogan Josh with Rice & Naan Bread	Vegetable Pasta Bake	Quorn Fillet & Roast Potatoes	Margherita Pizza & Garlic Bread	Cheese & Rainbow Vegetable Tart
Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans
Ham & Cheese Panini & Salad Bar	Ham & Cheese Panini & Salad Bar	Ham & Cheese Panini & Salad Bar	Ham & Cheese Panini & Salad Bar	Ham & Cheese Panini & Salad Bar
Tuna Roll & Salad Bar	Tuna Roll & Salad Bar	Tuna Roll & Salad Bar	Tuna Roll & Salad Bar	Tuna Roll & Salad Bar

Choose your pudding at lunchtime!

Apple Pie & Custard	Iced Sponge	Shortbread	Jelly & Ice Cream	Chocolate Cake
Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers



Fresh salad bar available daily for everyone, including 5 different salad items.

The meat and vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables



Fresh water available throughout lunchtime





Wildmoor Heath School Spring Term 3 Week Menu

Week 3: 21/01/19, 11/02/19, 11/03/19, 01/04/19



Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausages and Wedges	Meatballs & Spaghetti	Roast Beef & Roast Potatoes	Cajun Chicken Wrap	Fish Fingers & Chips
Quorn Sausages and Wedges	Quorn Balls & Spaghetti	Vegetable Hot Pot	Margherita Pizza with Garlic Bread	Vegetable Puff
Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese or Beans
Tuna & Cheese Panini & Salad Bar	Tuna & Cheese Panini & Salad Bar	Tuna & Cheese Panini & Salad Bar	Tuna & Cheese Panini & Salad Bar	Tuna & Cheese Panini & Salad Bar
Egg Roll & Salad Bar	Egg Roll & Salad Bar	Egg Roll & Salad Bar	Egg Roll & Salad Bar	Egg Roll & Salad Bar

Choose your pudding at lunchtime!

Apple & Berry Crumble & Custard	Pancake with Fruit Compote & Ice Cream	Marble Cake	Jelly & Fruit	Lemon Biscuit
Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers	Yoghurt, Fruit, Cheese & Crackers



Fresh salad bar available daily for everyone, including 5 different salad items.

The meat and vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables



Fresh water available throughout lunchtime

