

April 2017 - Bracknell

	Monday CHOICE	Tuesday CHOICE	Wednesday FIXED	Thursday FIXED	Friday FIXED
Option 1	Chicken & Vegetable Chow Mein	Beef Lasagne	Roast Chicken Breast & Gravy with Roast Potatoes	Oriental Sticky Salmon Wrap	Fish Fingers & Chips
Option 2	Soya Strips & Ginger Sir Fry & Noodles	Summer Vegetable Quiche with Crushed Potatoes	Roasted Soya Fillet Strips & Gravy with Roast Potatoes	Margherita Popeye Pizza	Homemade Vegetable Cheese Burger & Chips
Alternative Option	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
Sandwiches	Tuna Mayonnaise Salad Wrap	Chicken Mayonnaise & Sweetcorn Roll	Egg Mayonnaise Roll	Ham Sandwich with Salad on the Side	Cheese & Spring Onion Wrap
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert of the day	Jam Sponge	Pineapple & Coconut Crumble	Strawberry Jelly & Vanilla Ice Cream	Chocolate Pear Pudding & Custard	Oat Dream Cookie

Dates week commencing **17th April, 8th May, 5th & 26th June, 17th July, 4th & 25th September, 16th October**

Option 1	Chicken Sausage & Gravy with Mashed Potato	Spaghetti Bolognese	Roast Turkey & Gravy with Roast Potatoes	BBQ Chicken Pizza	Fish Fingers & Chips
Option 2	Quorn Paella	Summer Vegetable Whirl with Crushed Potatoes	Vegetable & Butterbean Gratin with Roast Potatoes	Margherita Pizza	Sticky Quorn Sausages & Chips
Alternative Option	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
Sandwiches	Tuna Mayonnaise Salad Wrap	Chicken Mayonnaise & Sweetcorn Roll	Egg Mayonnaise Roll	Ham Sandwich with Salad on the Side	Cheese & Spring Onion Wrap
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert of the day	Ice Cream	Chocolate Sponge & Chocolate Custard	Pineapple Upside Down Sponge & Vanilla Sauce	Strawberry Jelly & Mandarins	Orange Drizzle Cake

Dates week commencing **24th April, 15th May, 12th June, 3rd July, 11th September, 2nd October**

Option 1	Sweet & Sour Chicken with Noodles	Chicken Sausage with Baked Jacket Wedges	Roast Gammon & Gravy with Roast Potatoes	Ham & Pineapple Pizza	Fish Fingers & Chips
Option 2	Italian Tomato & Basil Penne Pasta with Cheese	Macaroni Cheese	Vegetarian Sausage & Gravy with Roast Potatoes & Yorkshire Pudding	Margherita Pizza	Wholemeal Quorn, Vegetable & Cheese Fajitas
Alternative Option	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw	Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
Sandwiches	Tuna Mayonnaise Salad Wrap	Chicken Mayonnaise & Sweetcorn Roll	Egg Mayonnaise Roll	Ham Sandwich with Salad on the Side	Cheese & Spring Onion Wrap
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert of the day	Peach Melba	Chocolate & Cherry Sponge	Fruit Salad & Honey Yoghurt	Fruit Apple Crumble	Marble Sponge

Dates week commencing **1st & 22nd May, 19th June, 10th July, 18th September, 9th October**



Feeding Hungry Minds

The following are available daily: Freshly prepared salad bar containing 4-6 choices (minimum of 3 with no dressing)
fresh white crusty bread
Selection of seasonal fresh fruit and low fat yoghurts
Chilled water

The carbohydrate is incorporated in the whole dish unless otherwise stated



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